

The SISC Proactive Care Plan



Better Benefits! Less Confusion! Same PPO Provider Network!

Starting October 1, 2025, this new plan offers convenient access to more care, more service, and more savings without changing your current providers or medications.

As a Proactive Care Plan member, you'll get more of the benefits you want...

More Care

- Unlimited \$0 primary care visits (virtual + in-office)
- Longer office visits with your Primary Care Provider to help you get answers and back to health more quickly

More Service

- Proactive Care Advocates (PCAs) help you navigate care and save money

More Support

- Proactive Care Nurses (PCNRs) work directly with your doctor to support your health and well-being—no matter the diagnosis

More Savings

\$0 copays and no deductible:

- Primary care
- Urgent care
- Most labs
- Therapist visits
- Virtual care
- Physical therapy

...and you won't lose the benefits you love!

Same Providers: Anthem Prudent Buyer (Full) Network

Same Pharmacy Network: Managed by Navitus

Same Pharmacy Benefits (including the popular \$0 Generic Drug Copay at Costco) with expanded coverage

\$0 brand and generic medications when prescribed by a primary care provider, including:

- Diabetic medications, including GLP-1s, continuous glucose monitors (CGMs), Test Strips, and Insulin
- Some anticoagulants, such as Eliquis and Xarelto
- Most asthma medications, such as Advair and Alvesco
- Some specialty drugs, such as Dupixent and Xolair

Key Takeaways

- ✓ The Proactive Care Plan (PPO) eliminates deductibles and offers \$0 copays for most routine services.
- ✓ You'll save more upfront and pay fixed amounts for higher-level care.



SISC

Self-Insured Schools of California
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Questions? We are here to help! Call your Proactive Care Advocate at **866.259.5540**.

Gold Plan Schedule of Benefits

Feature	Proactive Care PPO (Copay Only)
Deductible (In-Network)	\$0/person, \$0/family
Out-of-Pocket Max (In-Network)	\$3,000/person, \$6,000/family
Virtual / Telehealth Visits	\$0
Primary Care Visits (Office)	\$0 unlimited
Mental Health (Office / Virtual)	\$0 unlimited
Specialist Visits	\$100
Urgent Care	\$0
Acupuncture (12 visits)	\$0
Lab Services	\$0–\$150 depending on setting
X-Ray	\$0–\$225 depending on setting
Advanced Imaging (MRI, CT, PET)	\$300–\$750 copay
Surgery – Office & ASC	\$0–\$600 copay
Surgery – Outpatient Hospital	\$1,800 copay
Hospital Stay (Inpatient)	\$600/day copay
Emergency Room	\$700 copay
Ambulance	\$700 (ground or air)
Home Health Care (100 visits)	\$0
Skilled Nursing (150 days)	\$1,200 per admission
Durable Medical Equipment	\$0
Preventive Care & Immunizations	\$0
Prescription Drugs	\$0–\$35 (depending on provider type)